



## Cross-Country Skiing & Snowshoeing



Cross-country skiing and snowshoeing are two of the best ways to experience stark silence and the exhilaration of winter travel. Despite the silence, winter is also an excellent time to see wildlife and sign in the snow. Proper preparation and planning ensures a great winter experience in Grand Teton National Park.

### Safety & Etiquette

Please note: Winter trails are neither marked nor flagged. Please travel with care.

- In case of emergency call 911
  - Be careful skiing on frozen surfaces due to flood and wind hazards
  - Tell someone your plans
- Take these items with you...**
- water and high energy snack food
  - first aid kit including space blanket
  - extra layered clothing
  - hat and mittens or gloves
  - sunscreen and sunglasses
  - map, compass, watch, and/or navigational aids
  - flashlight or headlamp
  - knife, tools, or tape for repairs

#### Hypothermia

Hypothermia is caused by exposure to cold and aggravated by wind, exhaustion, and wet clothing. Warning signs include: uncontrollable shivering, incoherent speech, lethargy, and exhaustion. Remove the victim from the elements as soon as possible. If in doubt seek immediate medical attention.

#### Avalanche Hazard

Avoid known avalanche paths. All skiers and climbers travelling in avalanche terrain should be equipped with, and know how to use, an avalanche beacon, probe pole, and shovel. For current conditions call 307-733-2664 for the National Forest avalanche report or check [jhalavalanche.org](http://jhalavalanche.org)

#### Etiquette

- Do not walk or snowshoe on ski trails
- Leave your skis on and side-step down or detour around steep sections.
- Snowshoe parallel to the ski track.
- Yield to faster skiers
- Step out of the track for a break
- Winter trails are neither flagged nor maintained. Please travel with care.

### Regulations

For more information, additional maps, or backcountry permits visit Craig Thomas Discovery and Visitor Center (open year round, daily, 8 a.m. to 5 p.m.)

- Pets are restricted to groomed and ungroomed roadways and must be on a leash (6' max).
- Please use the Mutt Mitts provided at the trailheads to properly dispose of your pet's waste.
- Dog sled and/or dog sleds are permitted only on Grassy Lake Road.
- Overnight backcountry campers must obtain a free camping permit at Craig Thomas Discovery and Visitor Center (CTDVC).
- Harassing wildlife is prohibited. Winter stresses weaken animals. Approaching too closely increases their stress. Retrace your steps or detour to avoid disturbing wildlife.

#### Areas closed to protect wildlife

Snake River bottom from Moose north to Moran Junction, Buffalo Fork of the Snake River in the park, Willow Flats, Kelly Hill, Uhl Hill, and Wolff Ridge. Closures for the protection of bighorn sheep include: Static Peak, Prospectors Mountain, and Mount Hunt including peaks 10988, 10905, and 10495; all areas above 9900 feet (3000m) and south-facing slopes on Mount Hunt above 8580 feet (2600m); Banana Couloir is open.

### Moose-Wilson Road

#### Trailhead

Located along the Moose-Wilson Road at the start of a winter closure. For Phelps Lake Overlook travel 3.1 miles south of the CTDVC and park on the west (right) side of the road.

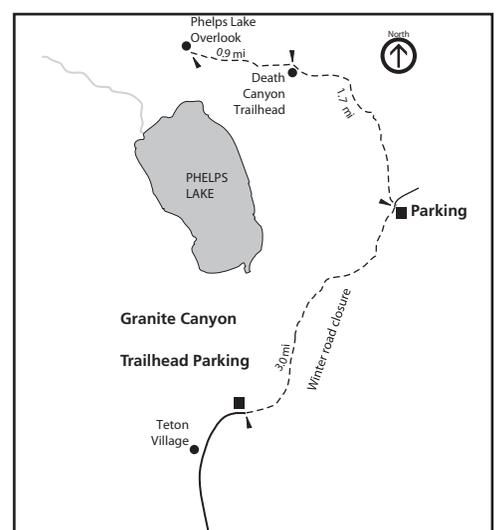
To ski the closed section of the Moose-Wilson Road enter the park via Teton Village, park at the end of the plowed road.

#### Phelps Lake Overlook

- Moderate, 5.2 miles roundtrip, elevation change: 520'.

#### Moose-Wilson Road

- Easy, 6 miles roundtrip, elevation change: 100'.



## Teton Park Road and surrounding trails

The road is closed to vehicles for the winter but open for non-motorized recreation. The road is located along the base of the Teton Range offering stellar views. Machine grooming creates one multi-use track for walking (including dogs on leash) and snowshoeing and a second skiing-only track excellent for parallel and skate skiing. Snowmobiles are prohibited on the Teton Park Road.

Several tours on skier maintained routes adjacent to the Teton Park Road are also available.

The entire skiable section of the Teton Park Road is 14 miles with an elevation gain of 250' (South to North).

### South Trailhead

Located 3 miles northwest of Moose Junction on the Teton Park Road.

### Jenny Lake Trail

- **Easy**, 7.6 miles roundtrip, elevation change 100'. Return via Teton Park Road Trail to make a loop.

### Taggart Lake-Beaver Creek Loop

- **Difficult**, Taggart Lake and return - 3.2 miles roundtrip, elevation change: 277'. Taggart Lake/Beaver Creek Loop - 4 miles roundtrip, elevation change: 397'.

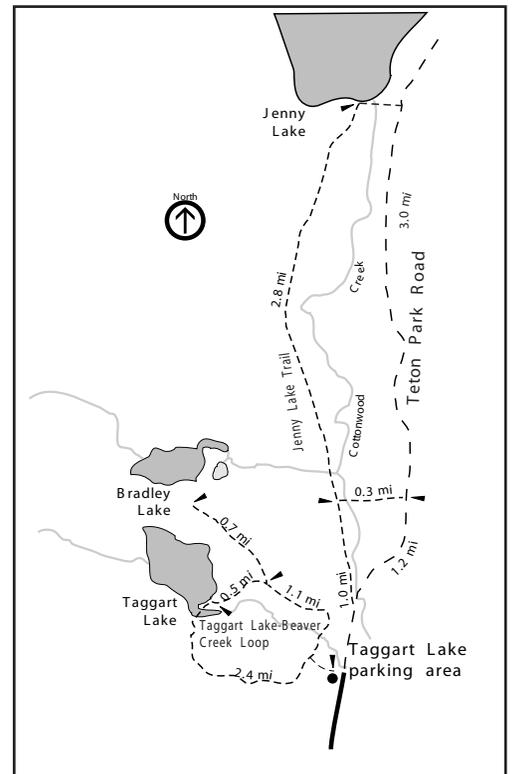
### North Trailhead

Three miles south of Jackson Lake Junction on the Teton Park Road. Park near Signal Mountain Lodge.

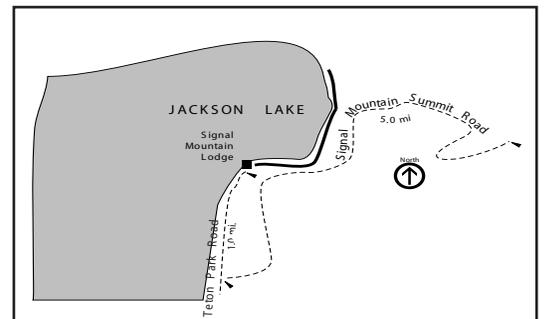
### Signal Mountain Summit Road

- **Moderate**, 12 miles roundtrip, elevation change: 700'.

## Taggart Lake Area (South Trailhead)



## Signal Mountain Area (North Trailhead)



## Colter Bay

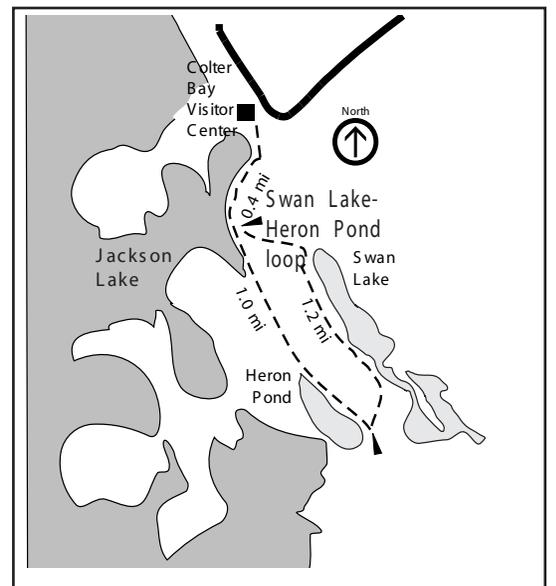
Routes in this area are adjacent to Jackson Lake (frozen in winter) and traverse outstanding wildlife habitat.

### Trailhead

Adjacent to Colter Bay Visitor Center, 30 miles north of the Craig Thomas Discovery and Visitor Center. Park in front of the closed visitor center.

### Swan Lake-Heron Pond Loop

- **Easy**, 3 miles roundtrip, elevation change: 40'. Beyond Heron Pond sometimes untracked trails, extend this tour by up to 5.8 miles to Hermitage Point. A trail guide for Colter Bay including a map is available at park visitor centers. (\$0.50 donation).



## Flagg Ranch

Routes begin at the northernmost point of Jackson Hole open to autos in winter and travel the Snake River valley near the South Entrance of Yellowstone National Park.

### Trailhead

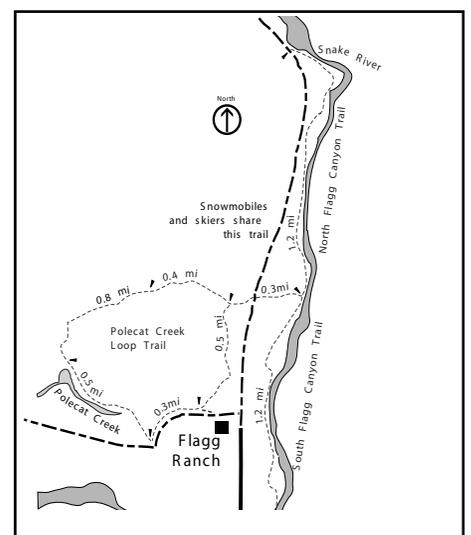
Located near the northwest corner of the Flagg Ranch parking area, 42 miles north of Moose. This parking area is for commercial use. Skiers park in front of the Flagg Ranch Lodge.

### Polecat Creek Loop Trail

- **Easy**, 2.5 miles, elevation change: 50'.

### North Flagg Canyon Trail

- **Difficult**, 4.0 miles roundtrip, elevation change: 120'. Use caution and avoid cornices where the trail follows the edge of cliffs above the Snake River. Return via the snowmobile trail to make a loop.



## South Flagg Canyon Trail

- **Easy**, 4.0 miles roundtrip, elevation change: 40'.